

Espresso Extraction Measurement And Mastery

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Espresso Extraction: Measurement and Mastery, Scott Rao Rao goes deep into the chemistry and technology of espresso extraction with this gem of a textbook. If you're inclined to toy around with a refractometer, or if you just generally strive for perfection in all your culinary pursuits, this book is for you.

[Hit the Books: Espresso | ChefSteps](#)

Espresso Extraction Quotes Showing 1-1 of 1 "The introduction of precision baskets by VST has allowed volumetric machines to finally fulfill their potential. With precision baskets and a volumetric machine, a barista can be confident that if he doses consistently and uses a properly fitting tamper, every shot will have nearly identical brewing ...

[Espresso Extraction Quotes by Scott Rao - Goodreads](#)

While Extraction% is referring to the %TDS in the espresso beverage compared to the dry ground coffee weight in the portafilter. Brew Strength is commonly preferred in the 10% - 13% range while Extraction% is preferred to be in the 18% - 20% range. This can be explored further by reading Scott Rao's Espresso Extraction: Measurement and Mastery

[The Espresso Recipe | ChefSteps](#)

Espresso Extraction: Measurement and Mastery Scott Rao. Scott Rao's latest book builds on the foundation laid in his classic books The Professional Barista's Handbook and Everything But Espresso. Whether it be extraction percentages, pressure profiling, or portafilter design, Rao leaves no stone unturned in this concise but weighty volume.

[3 Coffee Books Every Barista Needs to Read | The Coffee...](#)

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